

*Prodeko  
Survival Guide  
2023*



THINK BIG - GET THINGS DONE - LEARN AND GROW - GIVE BACK - BE A GOOD PERSON

# *Hello there, new student!*

Congratulations on your excellent decision to begin your Industrial Engineering and Management studies at Aalto University!

My name is Markus and I'm your Master's and International Captain, which means that together with the BIGs (a.k.a. tutors) I will be guiding you in the start of your studies at Aalto. We will organize awesome events and make it our mission that you get the most out of student life here.

When you became a 'fuksi' (= a freshman) in the IEM program, you were also welcomed to one of the best communities in the world – Prodeko, the Guild of Industrial Engineering and Management!



The purpose of this guide is to provide you information about Prodeko, and student life in Otaniemi, the campus of Aalto University. Please read it carefully and don't hesitate to contact me regarding any questions.

The most important thing to remember about the student community is that everyone is always welcome to come just as they are. So don't hesitate to participate in all the events and utilize all the awesome resources we have available here in Otaniemi!

*Can't wait to meet you all! <3*

**Markus Tarma**

Prodeko's Captain of Master and International Students

Telegram: @markustarma  
maisterikvkapteeni@prodeko.org  
+ 358 440 999 226



# *What is Prodeko?*

In short – a student association for students of Industrial Engineering and Management (IEM) at Aalto University.

In more depth – some may say that Prodeko is an adventure for life. That's not completely wrong. The adventure just starts as a guild that builds a community for IEM students. Prodeko creates a network of highly effective, forward-looking people that get things done, have a can-do attitude and a little twinkle in their eyes. The network built during studies is very important during work-life and has many other benefits for your future.

Prodeko also ensures that studying is not just about grinding courses and that everyone remembers to live the best student life in the world. The guild organizes a great number of events during the year: There are company excursions, where you can get familiarized with different industries, get insight from the employees on what it's like to work in different companies, or maybe even land a job yourself! There's also Alumni mentoring organized annually by Prodeko to help keep the community together and to help Prodekoians make better choices in their lives.

But wait – what about the parties?





# Student life

Naturally, the guild and student life in general isn't only about business and studies. Prodeko and the Aalto community organize many different types of events to make sure you can balance your studies with fun and parties!

The most famous are the academic table parties, known as 'Sitsit'. In addition, there are sauna parties, bar crawls, festivals, and other types of parties. Prodeko also organizes trips around Finland, and even overseas.

Wellbeing is an important part of studying, and that's why we have Pora's sports events, as well as cultural events (such as museum visits) organized by guild members. There is truly something for everyone, and always the opportunity to participate in an event, or even organize your own!

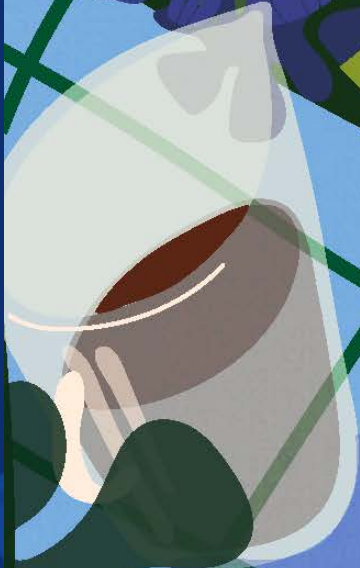




Intellectual nourishment since 1978

# JULY

TENNIS IS EASY.  
IT'S NOT  
RACKET  
SCIENCE.





# Prodeko facilities

Prodeko's guild room is located in the Maarintie 8 building, more commonly known as 'TUAS', in Otaniemi and is open 24/7 for all guild members. The guild room has a pool table, free coffee, videogames, chess, and most importantly, other Prodekoians. The guild room acts as the living room of the whole guild, and thus it's a great place for hanging out, meeting new Prodekoians, studying or doing your course work, and of course taking a break in between!

In addition to the "living room" space, the guild room has Prodeko's gym and a quiet working space next to it. Like the guild room, the gym is also accessible 24/7 for Prodeko members, and there you can find great facilities to work out. No need to pay for a gym membership! The working space, called 'Tuta-klubi' or 'Tuta Club' in English, has desks and monitors for doing your assignments. It's also a great place to find help and peer support if you're struggling with your classes.

Finally, Prodeko has its own terrace right outside of the guild room, next to the TUAS-building parking lot. It's equipped with a grill, as well as a screen and a projector. If the weather's good, it's perfect for a barbeque or movie night!





# Teekkari Culture

Being a technical student (better known as 'Teekkari') means something more in Finland. On the outside we are mostly known from our overalls (in Prodeko they are white with rainbow stripes) and 'Teekkarilakki' (a cap with a tussle). On the other hand, being a Teekkari is a part of our identity which takes its form during the student life. It consists of many things, including knowing the history of technical students and being a part of it. We are also known for inventing all kinds of nice student pranks, called 'Jäynä'. So, beware!



Singing is important for a teekkari. "A technical student sings rather than well" is a common saying, and we have a lot of different kinds of events, where singing is a big part of the evening. A 'Sitsit'-party is one of these. There will be many opportunities to experience these in the coming fall, such as the fancier Syyssitsit, International Sitsit, or interdisciplinary Sitsit where you can meet people from other guilds. The dress codes range anywhere from overalls and party hats to cocktail, or even white tie for Annual Balls, so pack your evening gowns and suits with you! Sitsit are one of the most unique Finnish student experiences, so don't miss them!



*"Otaniemi is the best place in the world and Silicon Valley is Otaniemi for adults"  
- Fuksis from the eighties*



# JÄYÄ

JOIN THE COMPETITION!

[WWW.JAYNA.FI](http://WWW.JAYNA.FI)



STATUES SUIT UP WITH FACE MASKS ALL  
AROUND THE COUNTRY - JÄYÄ BROUGHT SOME  
GOOD SPIRIT IN THE MIDST OF BAD NEWS



VA  
RI  
O



POLICE OF THE YEAR AMUSES  
DRIVERS - TECH STUDENTS DELIGHT  
WITH A FUNNY COSTUME



THE BEST JÄYÄ OF THE YEAR WAS  
AWARDED ONCE AGAIN AT THE FESTIVE  
OTANIEMI JÄYÄ FINALS

Dip  
opiskeli



# Schedule for the start of your studies

Your studies will be starting soon, but before that you'll have Head Start and Orientation Week, which are your first opportunities to get to know other fuksis, guild members, and students in general. And naturally, your awesome tutors and I will be welcoming you in these events.

This schedule includes the Orientation events organized by the guild. They're mainly held in the evenings, while the days are filled with activities organized by the university. I strongly recommend reserving the whole week from your calendar to get familiar with the guild and the Otaniemi student culture. I'll inform you of the details of the schedule later through the Telegram chat, and this is where you'll get information on other events later in the fall. The guild's calendar is packed for the coming year, so you won't get bored with all the parties and events we have in store for you!

## Schedule

**Friday 25.8 evening    Head Start**

Orientation Week:

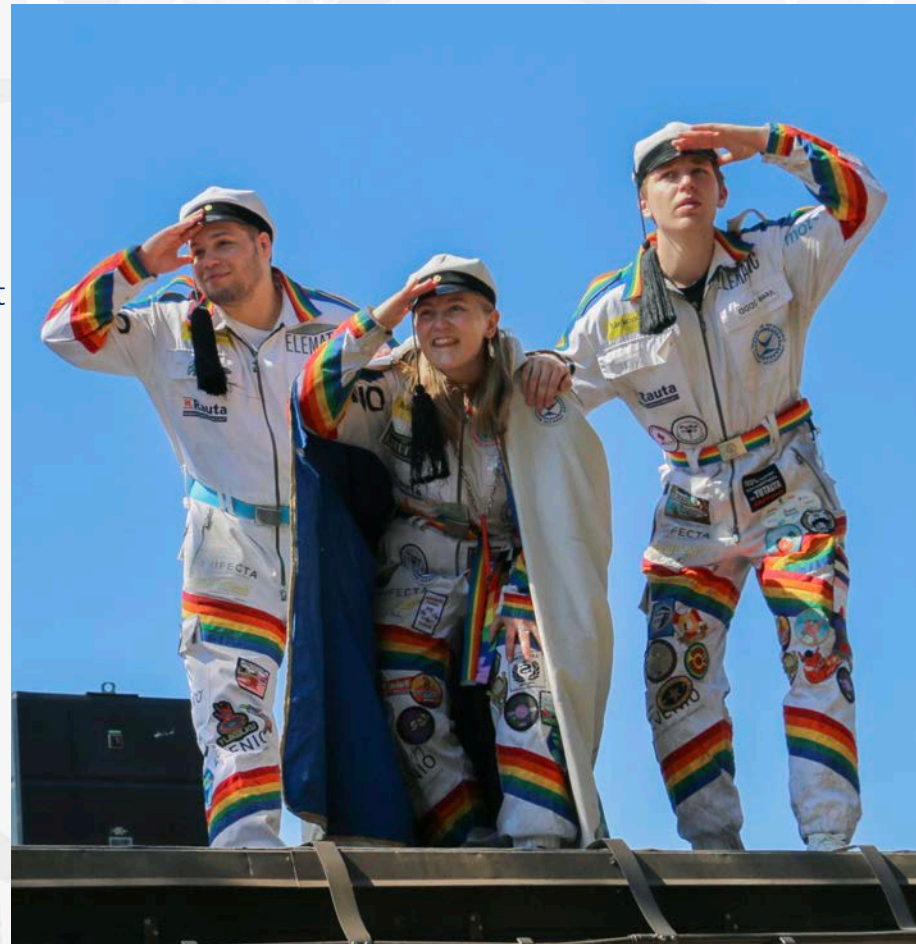
<b>Monday 28.8.</b>	<b>Place X</b>
<b>Tuesday 29.8.</b>	<b>Prodeko Amazing Race</b>
<b>Wednesday 30.8.</b>	<b>PoRa's games</b>
<b>Thursday 31.8.</b>	<b>OtaOrienteering</b>
<b>Friday 1.9.</b>	<b>Prodeko x Athene PöhinäParty</b>





# To-do list

- Read the guide
- Download Telegram and join the group via the link in the email
- Become a member of Prodeko (<https://prodeko.org/en/guild/joining-guild/>) and pay the membership fee (8€), which gives you the right to participate in our events
- Read the newsletters and other information material sent by your study coordinator at Aalto University, and follow the instructions for pre-arrival arrangements
- Follow Prodeko on Instagram @prodeko
- Make sure the Masters' and International Captain knows when you arrive in Finland and whether you can participate to Head start and Orientation week
- Order a student card or download the Frank app
- Pack warm, Finland gets cold surprisingly fast
- Make sure you can either pick up your keys for your apartment, or that your BIG will get them for you
- Come and enjoy as many events as you can!





# The International Committee (KvTMK)

The International Committee, also known as KvTMK (short for the Finnish kansainvälisyystoimikunta), brings together the people in charge of international students and matters in the Teekkari guilds. KvTMK is led by the International Director, and its purpose is to promote internationality and the role of foreign students at Aalto University and the Teekkari associations. The committee participates in tutoring and orientation for the international fuksis (new master's and exchange students), takes care of other fuksi matters, and organises events. KvTMK's events are meant to serve the international students, so they're always held in English and open to all Aalto students.

KvTMK is one of the underlying committees of the Teekkari section, also known as TJ (short for the Finnish Teekkarijaosto). TJ itself is part of the Aalto Student Union volunteer sector. TJ is responsible for upholding the Teekkari spirit through numerous traditions. Therefore, the different committees of TJ organise a wide range of Teekkari-minded events for the whole Aalto community. TJ's opinions also have a great impact on the future of Teekkari traditions, due to Aalto being home to the oldest and original technical university students in Finland.



KvTMK events and other events organised by TJ's committees are a great way to experience the Teekkari traditions and student culture of Aalto over discipline borders. Your International Captains will keep you updated on everything that's happening around Otaniemi, but the best way to stay updated on the biggest Teekkari events in Aalto is to follow our social media: you can find KvTMK on Facebook and TJ on Instagram!





# *Greetings from the International Director*

Greetings, new fuksi!

Congratulations on your admission to Aalto University! You made a marvellous decision applying here. I wish to warmly welcome you to our university and the unique community of technology students, Teekkaris!

My name is Veera Fristadius, and I am the International Director of the Aalto University Student Union, or AYY. My responsibility is to lead the International Committee, called KvTMK, which consists of all International Captains, Officers, and Master's Captains from associations, which admit new engineering and architecture students. Our goal, together with the mentioned International Captains of the Teekkari guilds and your tutors, also known as ISOs or BIGs, is to make your first year or semester here in Aalto unforgettable.

The Teekkari culture is a truly unique student culture and something that you can experience only in Finland. The community, the International Committee and your own International Captains will provide you with events, in which you can explore the Teekkari culture, get to know Otaniemi and the rest of Finland, and meet your fellow students. The activities are a great chance to uplift your stay in Aalto and to turn your time here into one of the best periods of your life.





# *Greetings from the International Director*

The Teekkari culture has a long history and Teekkaris have been present throughout Finland for over 150 years, starting in Helsinki. There have been Teekkaris in Otaniemi since 1966, when the Helsinki campus moved there. The most prized distinction of a Teekkari is their tasseled cap (Teekkarilakki), which goes back to 1893. Outside of the community, Teekkaris are known, amongst other things, for pranks (jäynä), tempaus and singing culture. The tassel-capped community aims to evoke cheer and joy in the whole public, not just students. The Teekkari culture promotes a sense of community and tolerance - Teekkaris accept everyone exactly as they are and leave none behind.

Fuksi education and upbringing have a long tradition in Otaniemi. Me and your International Captains will be welcoming you to the Aalto community and guiding you through your first year or semester in Aalto. As a fuksi, you get to collect fuksi points from various events and activities, which will earn you your very own Teekkari cap. The fuksi points will introduce you to the Teekkari culture, the Aalto community, Finland, other students of Aalto, and work as a great way to make life-long memories! The fuksi year will culminate in the largest and most revered event for us Teekkaris: Wappu, provided that the Fuksi Major decides to organize one for you. If you are an exchange student leaving after the Autumn term, I strongly suggest visiting Otaniemi again for the potential Wappu.

In addition to technology and architecture students, there are also art and business students studying in Otaniemi. The united and multidisciplinary university, as well as the Aalto community will provide you with a rich and abundant selection of student activities to complement your studies. Everyone is sure to find some activity that interests them with a like-minded group!

My most important advice for you is to participate with an open mind and heart. Get to know your International Captains, tutors, and fellow students. Beside studying, experiencing new things together and building friendships are some of the best opportunities our university can provide you with during your time here as a student. Your guild or association, the International Committee, and countless other people and organizations create the framework for the activities, but you get to decide how you want to shape your time as a student. A once-in-a-lifetime experience awaits you and I recommend that you make the most of it! I am grateful for the privilege of accompanying you and your fellow students on your wondrous journey to becoming Teekkaris.

Yours truly,

**Veera Fristadius**  
International Director



# TOKYO



TOKYO RY IS THE ASOCIATION THAT BRINGS TOGETHER STUDENTS OF THE SCHOOL OF ARTS, DESIGN, AND ARCHITECTURE.

TOKYO is the umbrella association open to all ARTS and art-inclined students.

As a school-level association, TOKYO takes an active part in student advocacy and organizes events to gather together all the ARTS-minded students and alumni.

Our events include Lapland trip, Maskerad, and Christmas Sales, where ARTS students sell their art. TOKYO also owns Kipsari and Kipsari Studio - two great non-profit vegan restaurants- as well as Torso magazine, which is printed at least 4 times a year and showcases ARTS students works + discusses current events and topics.

## OO MORE INFO?

Insta: @tokyo\_aalto\_arts

Telegram: aaltoarts

tokyo.fi



# Greetings from Teknologföreningen

Teknologföreningen (or TF) is the Swedish speaking students' union at Aalto University founded in 1872. TF organizes great parties, provides access to its clubhouse as well as to unique student experiences and opportunities for its members. Teknologföreningen has over 800 members from different branches of Aalto and involves over 100 students in its everyday functions - all on a voluntary basis.

Any student at Aalto University with an interest in the Swedish language can become a member of Teknologföreningen. The membership is completely free and comes with many privileges. TF enriches its members' lives with everything a diverse students' union can offer. TF's activities and services include organizing events ranging from culture and sport to dinners and parties, but we also offer opportunities to practice and develop skills in enterprising and creativity.

And I, the Integratör (International officer of TF), am here to help you and to make sure that everybody feels welcome at TF.

Questions? Ask us anything!

Integratör  
Carl-Victor "Calle"  
Schauman  
integrator@tf.fi  
+358 50 367 0098  
TG: @kodkorv

Phuxivator  
Rafaela von Frenckell  
phuxivator@tf.fi  
+358 44 211 4943  
TG: @phuxivator



WE WANT YOU!



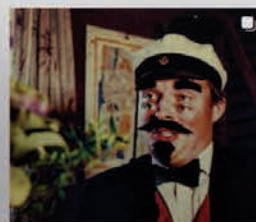
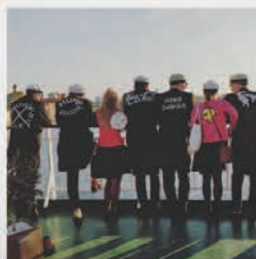


## humpsvakar

Teknologorkestern Humpsvakar

Den finlandssvenska teknologorkestern i Otnäs! Vi gillar ljuv hornmusik, vacker dans och typerää viihdettä!

[shop.humps.fi](http://shop.humps.fi)



050-D-KEIKKA

|

keikka@humps.fi

|

humpsvakar.fi



# Greetings from the Fuksi Captain



Hello there!

My name is Lotta Mäntylä, and I am The Fuksi Captain in the guild of Industrial Engineering and Management, Prodeko. In practice it means that I am responsible for the Fuksi upbringing of our bachelor's students and familiarizing them with university life. Even though I am not directly responsible for you guys, we will most likely have plenty of joint events where we can meet and get to know each other. Also, if you ever see me hanging around in the guild room (as you probably will, I quite enjoy that space), don't hesitate to come say hi as I'm always eager to meet new Prodekoians!

Oh, and before I forget, congrats on your new place of study at the IEM department in Aalto! Here we have a tight knit community, that organizes plenty of different happenings from company visits and academic fairs to weekly sports sessions, Sitsis and crazy parties with amusement park rides. The daily interactions of the guild members usually happen in our guild room where you can enjoy some fresh coffee, play 8-ball, hit the gym or just meet new guild members across different years of study. I'm sure that Prodeko will offer you something that interests you, but nevertheless I encourage you to try new things and meet all of the awesome people that make up this guild.

It's great to have you as a part of our guild!

Have a nice rest of the summer, and I'll see you during the orientation week!

**Lotta Mäntylä**  
Fuksi Captain



# Greetings from the BIG Responsible

Dear Fuksi, welcome to Prodeko!

My name is Lukas and I'm the BIG responsible of Prodeko for the 2023/24 academic year. You have some very exciting times ahead of you, and I promise you that your time at Prodeko will be unforgettable. However, new beginnings might feel challenging or overwhelming, and that is why BIGs, tutors, will be around to help you out. Together with Markus, we have gathered a wonderful group of BIGs who will make you feel at home and help you with anything you might need advice on. Most importantly, the BIGs will be your first friends.

The BIGs will introduce you to Finnish student culture (which btw is awesome) and guide you in regular, everyday life things such as getting around in Helsinki and settling in at Aalto university. And if you just need someone to chat to, the BIGs (and I) will of course be there for you.

I can't wait to meet you in the fall <3

**Lukas Pirker**  
BIG responsible





# Greetings from the President of Prodeko

Hello dear new master's/exchange student and a warm welcome to Aalto and Prodeko, the guild of industrial engineering and management. I am Pihla, the President of Prodeko for the calendar year of 2023. Prodeko is a unique community full of inspired and fun people. The Prodeko community consists of the great trifecta: The Guild, The IEM Department, and our Alumni. Prodeko is a community that lasts for a lifetime!

As a student at Aalto IEM will be invited to join Prodeko. The Guild is for the students, by the students. Every year, around 60 fuksis, 40 exchange students and 20 Masters' degree fuksis start their studies and join Prodeko. In Otaniemi, we are one of the smaller guilds, but also one of the most active and tight-knit. The purpose of our guild is to bring IEM students together and to help them become the best versions of themselves. We do this by providing services, like the Guild room, events, like company excursions and Sitsi-parties, and student advocacy. We are a grassroots volunteer organization where everyone can participate and contribute to making our community better than it was yesterday. If you are interested in participating in the guild or have ideas how to make things better, please don't hesitate to contact Markus, me or any of your tutors to get you started! Maybe in November, you will pick up a post as our guild's volunteer!

Our action is based on our values. Our guild's values are

- (1) *Think Big,*
- (2) *Get Things Done,*
- (3) *Learn and Grow,*
- (4) *Give Back,* and what I think is the most important
- (5) *Be a Good Person.* These values drive not only us students but also the department of IEM and our alumni association. Since their creation in 2016, these values have been our guiding principle when making decisions.

Studies at Aalto IEM aren't always easy. There will be deadlines and long nights. Sometimes you will be tired, but hopefully, the feeling will be a passing one. A key factor in student wellbeing is a strong community and a support network. We Prodekoians help each other and care for each other, so it is vital that we all look after each other. There is always someone to talk to and someone who can help. I hope to meet every single one of you at orientation week!

If you have any questions or want to contact me, my email is [puheenjohtaja@prodeko.org](mailto:puheenjohtaja@prodeko.org) and Telegram is [@pihlap](https://www.instagram.com/pihlap).

If you see me, don't hesitate to come and say hello, can't wait to meet you!



Let's make these next few years the best in our lives,

**Pihla Päivänsalo**

President of Prodeko Ry

# Prodeko Alumni

The Prodeko community doesn't only consist of the guild and its members, but also the Aalto IEM department, and the Prodeko Alumni. Prodeko Alumni is one of the most active Alumni organizations in the field of technology and has close relationship with both the guild and Department of IEM.

Everyone who has studied in Aalto IEM is member of the Alumni and IEM students in their last years of studies are welcome to the events of Alumni, e.g. excursions. Alumni is also here to support the Guild and students, for example through annual alumni mentoring. It's a great opportunity for Master's students to discuss different career plans and work-life with alumni. Alumni also helps in organizing the annual Prodeko Seminar. It's a one-day business seminar held in the spring semester, including interesting speakers and dinner. The Seminar is an event which brings together the whole Prodeko community from professors to students and alumni.





# The Polytech Sobriety Association

## Polyteknikkojen Raittiusseura

### PoRa

#### PORA'S ACTIVITIES?

PoRa's activities have a sturdy, tripartite foundation, formed by ideology and sports. In sports activities, PoRa's playbook is based on a coaching philosophy, which emphasizes good spirit and attitude in place of skills. With a twinkle in the eye, PoRa has earned international fame by winning the World Championships in Swamp Football and at least 4 times in Academic Kyykkä. In addition to tournament trips, PoRa is a regular participant in several university sports leagues. PoRa's presence always puts a smile on both opponents' and referees' faces. As a more regular part of sports activities, PoRa has two weekly sports sessions at Otahalli on Wednesdays from 9pm to 10pm and Sundays from 3pm to 4pm during the whole school year, from the beginning of September to the end of May. During the summer season PoRa plays beach volleyball at Teekkarikylä.



#### Refreshingly sober greetings!

The Polytechnic Sobriety Society, more familiarly known as 'PoRa', was founded in 1969, and since the beginning, it has been the largest temperance society in Espoo and the toughest one in the universe! For over five decades, PoRa has been fighting against the Dread of Booze in its own unique way. With the power of its ideology and sparkling water, PoRa's temperance knights have been fighting for a freer and more sober world! Join us in the name of sobriety! During the year, PoRa organizes a lot of temperance activities like sports and other events. Members of PoRa can easily be recognized from their PoRa-shirt and other PoRa swag!

# PoRa



"The point in this game is not to win but to cheat as much as we can!"



# The Polytech Sobriety Association

## Polyteknikkojen Raittiusseura

### PoRa

PoRa's activities also have an ideological side. The ultimate purpose of PoRa is to spread awareness about sobriety, especially among Aalto University students, but also outside of the university. PoRa's abstinence work is represented by a variety of events, activities, and grassroots educational work. The highlight of every PoRa member's year is the traditional Water Week, which takes its place from the Day of Otto to the Day of Yrjö (April 17-23). During this Week, every Conscientious Abstinence Citizen will avoid the temptation of Booze throughout the whole week.

#### HOW TO JOIN PORA'S ACTIVITIES?

The tight relationship between Prodeko and PoRa makes joining PoRa especially easy for you – every new fuksi of Prodeko is automatically also a member of PoRa! Officially, the new members are accepted as members of PoRa during the mystical and spectacular Kinkerit. During Kinkerit, staff positions of PoRa are also decided, and every participant gets a suitable title for themselves. During recent years, ambassadors of PoRa's ideology have included a Tool Manager, Fish Expert, and gardener of the librarian.

As you can guess from the titles, PoRa always keeps a twinkle in the eye while navigating through the ocean of liquor. The most important thing is the joy of working together. Even in sports, the joy of exercising is much more important than the skills so don't hesitate to participate in events, even if it's your first contact with a sport!

Join the temperance knights and follow PoRa also in social media! There you can find photos and updates from the latest blunders of PoRa. See you during the Orientation week at PoRa's events!



"It wasn't my fault! It was the other guy!"



*The Polytech Sobriety Association*  
*Polyteknikkojen Raittiusseura*  
*PoRa*



Abstinence is a happy thing!

**Vilho Järvi**

Chairperson of PoRa

Facebook: Polyteknikkojen Raittiusseura

Instagram: @raittiusseura

Vilho's telegram @raittius





# HELLO FUKSI AND WELCOME TO AALTO COMMUNITY!

---

## KY - AALTO UNIVERSITY BUSINESS STUDENTS

KY is a community of more than 3000 business students, "kylteris". Our purpose in the Aalto community is to cherish our 110-year-old traditions, uphold KY culture and advocate for our members. At the campus you can spot us in our dollar green overalls.

KY is home for hundreds of volunteers, who participate actively in KY's clubs, subject clubs, subcommittees and committees. They organize a wide selection of activities to make sure that everyone gets the most out of their time in the university. We have many traditional events that are also open for anyone in the Aalto community, such as the adventure competition Aalto City Challenge, Hukkaputki pub crawl and KY Wappu.

Website: [ky.fi](http://ky.fi)  
Instagram @[ky\\_1911](https://www.instagram.com/ky_1911)  
TikTok @[ky1911\\_](https://www.tiktok.com/@ky1911_)

**KY 1911**

## PROBBA RY

Probba is the Student Association of Aalto University School of Business, Mikkeli Campus. All students who study at Mikkeli campus are members of Probba, bringing their size to around 240 members.

Website: [proba.org](http://proba.org)  
Instagram: [probbary](https://www.instagram.com/probbary)





# Harassment contact persons

Prodeko has four harassment contact persons: Aino Soinio, Alekski Turkkila, Jenni Palukka and Sami Vilén. The harassment contact persons are there for the guild members providing a low-threshold opportunity to report about experienced or witnessed harassment. The harassment contact persons can help the harassed contact professionals and make sure the situation is addressed within the guild. You can get in touch with the harassment contact persons just to talk about the inappropriate behaviour you witnessed. Contact with the harassment contact persons is confidential and will not lead to further action unless the contact maker so wishes.



Aino Soinio, Fuksi '20  
[aino.soinio@aalto.fi](mailto:aino.soinio@aalto.fi)  
+358 449745644  
TG: @qlonqqu



Alekski Turkkila, Fuksi '20  
[aleksi.turkkila@aalto.fi](mailto:aleksi.turkkila@aalto.fi)  
+358 405926353  
TG: @aleksiturkkila



Jenni Palukka, Fuksi '22  
[jenni.palukka@aalto.fi](mailto:jenni.palukka@aalto.fi)  
+358 45 163 8667  
TG: @jennipalukka



Sami Vilén, Fuksi '21  
[sami.vilen@aalto.fi](mailto:sami.vilen@aalto.fi)  
+358 452754750  
TG: @samivilen

# d i s s n a n s s i

Dissonanssi is a mixed choir from Otaniemi singing diverse music all the way from renaissance to glam metal — without forgetting to have fun!

More info on auditions will be posted later,  
follow us so you don't miss it!



<https://dissonanssi.fi/en/>



@dissonanssi



dissonanssikuoro





Discover the World with ESN Aalto!

Embark on an extraordinary journey that will ignite your wanderlust and awaken the adventurer within you. ESN Aalto, the ultimate gateway to unforgettable experiences, invites you to unlock a world of excitement, friendships, and lifelong memories.

Imagine diving headfirst into vibrant cultures, traversing breathtaking landscapes, and connecting with fellow explorers from every corner of the globe. With ESN Aalto, you'll have the opportunity to immerse yourself in an international community that embraces diversity, fosters personal growth, and celebrates the beauty of multiculturalism.

Whether you're an aspiring globetrotter or a seasoned traveler, our dedicated team of passionate students is here to guide you every step of the way. From organizing mind-blowing trips to arranging language tandems and cultural events, ESN Aalto is your key to unlocking a world of endless possibilities.

Expand your horizons, step outside your comfort zone, and make memories that will last a lifetime. Join ESN Aalto today and let the world become your playground. Don't just dream it, live it!



**For more information:**

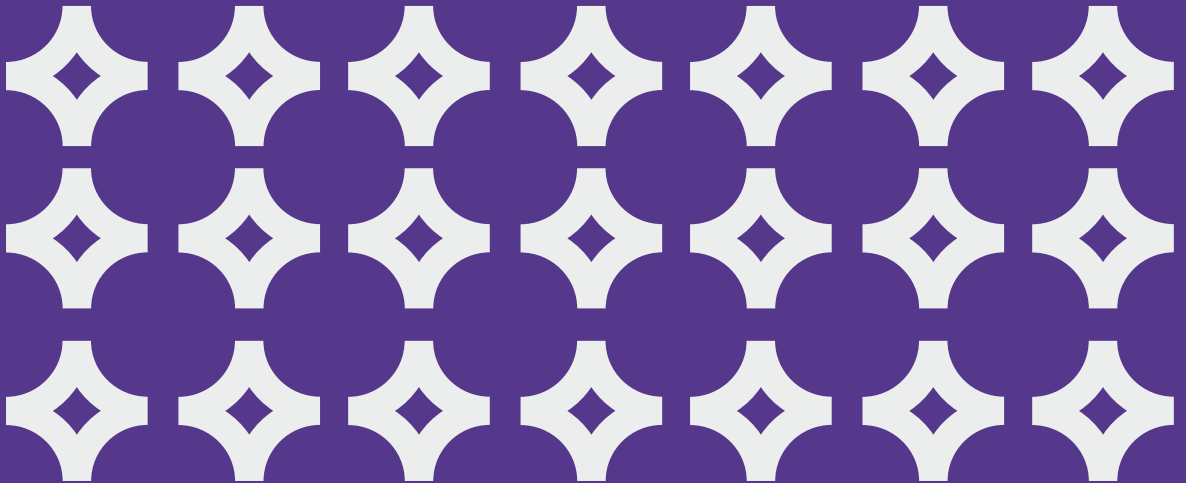
- [esnaalto.org](http://esnaalto.org)
- [facebook.com/EsnaAaltoOfficial](https://facebook.com/EsnaAaltoOfficial)
- Telegram: [t.me/ESNAalto](https://t.me/ESNAalto)





ayy

Aalto University  
Student Union





# Greetings from Aalto University Student Union!

Welcome to Aalto University and its student union, AYY! Here at the Student Union we aim to ensure that you can truly experience the best student's life in the world here at Aalto. Our wish is that every student feels good and safe in our student community, and that every one of us receives all the help and support they need for the entire duration of their studies.

You are stepping into a world of endless opportunities. We urge you to be curious, try new things, to learn and most of all to enjoy your time at Aalto. Don't be afraid even though finding your own passion and place in the world might seem like a big task and never fear mistakes. We are here to support you with all of your problems.

See you around!



**Mantė Žygelytė**

Board Member (New Students,  
Internationality and Equality)

# What is AYY?

As a student of Aalto, Aalto University Student Union, AYY, is your student union. AYY brings together about 17,000 students of arts, design, business and technology. We work to ensure the well-being of all our members and we want to develop teaching at Aalto and the best student life in the world.

As a member of AYY, you are entitled to numerous student union services and student benefits both locally and throughout Finland. AYY offers several services for its members, such as affordable student housing, rental facilities, and advocacy. As a student of Aalto, you can also participate in activities and events organised by AYY and over 200 associations within the Student Union.

## AYY in Figures

- **Around 17,000 members**
- **Approximately 200 organisations and associations**
- **Approximately 2,700 student apartments**
- **Nearly 50 employees**
- **10 full-time board members**
- **Approximately 500 volunteers**

## Communication Channels

You can find comprehensive information about all AYY's services and opportunities at [ayy.fi](https://www.ayy.fi). We compile all current information concerning students in the weekly newsletter published by email on Mondays.



@ayy\_fi  
@ayyhousing



Aalto-yliopiston ylioppilaskunta - AYY  
AYY Housing



AYY Info  
AYY Events



Aalto University Student Union AYY



AYY\_FI



Student Union AYY



# Services

## Student housing

AYY owns approximately 2,700 affordable student apartments in Helsinki and Espoo and offers a home for over 3,400 residents. All degree and exchange students who are members of AYY have the right to apply for AYY's housing. You can apply for housing as soon as your admission is confirmed by the university.

First-year students and students moving from outside the Helsinki metropolitan area are given priority in the allocation of housing. First-year students receive an additional score when they apply for AYY's shared apartment queues. To receive the score, students must apply for housing no later than in July or December, depending on when their studies begin.

You can browse and search for AYY's housing through the Domo system: [domo.ayy.fi](https://domo.ayy.fi). As a student, you can also apply for housing from the Foundation for Student Housing in the Helsinki Region (HOAS).

## Advocacy and interest representation

AYY represents students' interests and rights on university level and national level, making sure students are being heard in the society! You can take advantage of AYY's advocacy services, for example, if your exam results are late or you may get in touch with an equity officer if you

encounter any type of harassment. As a member of AYY, you can apply for administration as a student representative and influence the decisions made at the university.

AYY's highest decision-making body is the Representative Council (RepCo), which is elected by vote. In the elections, all AYY members can vote and run as candidates. The next Representative Council elections will be held this autumn. Members of the Representative Council decide on the goals and policies of the Student Union.

## Student culture

Volunteering, association activities and diverse events are an essential part of Aalto student culture and the Aalto community. The highlights of the year include Wappu and Orientation week events, annual ball, Shrovetide celebrations and many other events.

In addition to the Student Union, events are organised by volunteers who work in sections and committees. AYY has five sections: Aava Community Section, Campus Section, Teekkari (Technical Student) Section, Museum Section and Advocacy Management Group (more commonly known as EduJory). The call for volunteers will open in late autumn. Information on the call will be published in AYY's communication channels. In addition, AYY has more than 200 associations that organise activities in the fields of sports, music, games, and other hobbies. New students are always welcome to join association activities, and AYY offers help, support, and advice for the es-

establishment of associations and their activities. Keep an open mind for different opportunities and get to know the associations in upcoming events!

The Museum of Student Life has expanded its exhibition and activities to cover the student cultures of the entire Aalto community - technology, business and arts. In addition to engineering students' culture, the museum now also presents the history and present of KY - Aalto University Business Students and TOKYO, Students of Art, Design and Architecture. In addition, AYY's art collection will also be presented in the exhibition collections. The museum is located at Jämeräntaival 3A.

## Rental facilities

In addition to housing, AYY has numerous saunas, event venues and recreational facilities that members can rent. Some facilities are free of charge. AYY also rents a van.

## Scholarships and project grants

You can apply for a project grant from AYY or the TTE-Fund for a project organised by a group of friends or an association. You can also apply for scholarships awarded by AYY.

## Student benefits

You will receive a digital or plastic student card to prove your student status (card delivered by Frank). By showing your student status, you are

entitled to hundreds of benefits from 1 Aug onwards, including Kela, Matkahuolto and VR, as well as to student lunch discount in student restaurants. You are also entitled to student discount in public transport in the metropolitan area if you live in the HSL area and have updated your student status in your travel card at the HSL service point. You can find the list of all benefits and discounts available with the student card on Frank's website at [frank.fi](http://frank.fi).

The digital student card Frank App is an official student ID, which you can download and activate starting on 1 Aug once you have enrolled for attendance at the university and paid AYY's membership fee. You can check the prices of other card options on Frank's website. You can also add an ISIC license to both digital and plastic student cards. More information on different student cards can be found on Frank's website at [frank.fi](http://frank.fi).

Once you have received the plastic student card, please remember to pick up the academic year tag for your card from AYY's service point! At the same time, you can also pick up a free Design Notebook and a badge.







## Congratulations Fuksi!

Hello and welcome to your new studies also from Academic Engineers and Architects in Finland, TEK! We are the trade union for all academic engineers and architects, providing benefits and services to support our members, and lobbying for conditions that allow them to succeed.

As the TEK Student Liaisons, we represent TEK on the Otaniemi campus. Our job is to keep you connected to TEK, and to help make sure your student years are as amazing as possible, no matter your background.

Find out more about what we do at [tek.fi/en](https://tek.fi/en), or join using the QR code link! TEK membership is free for students!

See you soon on campus!

**Owain**  
owain.hopeaketo@tek.fi  
telegram kvtykki

**Sara**  
sara.siivola@tek.fi  
telegram sarasiivola

**TEK**  
*Powering your career*





# POLYTEKNIKKOJEN KUORO

The Polytech Choir



**AUDITION**  
( FOR FINNISH SPEAKERS ONLY )

11.9.2023  
AT 17.00. JMT1

REGISTRATION AND MORE INFO:







**THINK BIG GET THINGS DONE LEARN AND GROW GIVE BACK BE A GOOD PERSON**

