SURVEVAL 2024



PRODEKO

THINK BIG - GET THINGS DONE - LEARN AND GROW - GIVE BACK - BE A GOOD PERSON

SISÄLLYSLUETTELO



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CAPTAIN'S GREETINGS

Congratulations on your excellent decision to begin your Industrial Engineering and Management studies at Aalto University!

My name is Siiri and I'm your Master's and International Captain, which means that together with the BIGs (a.k.a. tutors) I will be guiding you in the start of your studies at Aalto. We have made it our mission that you get the most out of student life here! We and the rest of the Aalto community will organise a whole host of events, parties, company visits and experiences for you, all of which have been designed with a love just for you!

This guide is called "The Survival Guide" and it contains a collection of advice, greetings and introductions from people who want to give you your first taste of student life right now - so it's well worth a read! The purpose of Survival Guide is to provideyou information about Prodeko, and student life in Otaniemi, the campus of Aalto University. Please read the guide carefully and don't hesitate to contact me regarding any questions. There's a huge amount of information here to quench your thirst for knowledge, but in any case, it will all come out in your first week!

When you became a 'fuksi' (= a freshman) in the IEM program, you were also welcomed to one of the best communities in the world – Prodeko, the Guild of Industrial Engineering and Management! So, dear fuksi, I would like to say that now is the perfect time to take a step back and reflect on where you really want to go with all your passion and potential. At the same time, I recommend enjoying these unique semester(s) and the company of amazing people, creating meaningful relationships and unique shared experiences. In Prodeko, no friend is ever left behind, and a strong culture of pulling together thrives. We have found that a culture of helping and doing together is more effective than competing. With these cornerstones of the Teekkari culture, a can-do and a "why not" attitude, we have created the world's largest saunas, amusement park rides for student parties and numerous other crazy projects that make us and the rest of society happy.

> The most important thing to remember about the student community is that everyone is always welcome to come just as they are. So don't hesitate to participate in all the events and utilize all the awesome resources we have available here in Otaniemi!

Now, remember to get some rest now in the summer, because in the autumn it'll all start! Make the most of your freshman year at Prodeko, I promise it will be worth it. I highly recommend you to get involved in everything - that's how those incredible memories are made! Don't hesitate to get in touch if you have any concerns or if you just want to

get in touch if you have any concerns or if you just want to chat regarding the next year - I'm here just for you! Enjoy the summer and see you in the autumn!

Can't wait to meet you all! <3

Siiri Keränen

Master's and International Captain of Prodeko Telegram: @siirikeranen maisterikvkapteeni@prodeko.org + 358 408091338 Please let me know if you will participate to Head Start on Friday 23.8. You can send me a message via Telegram, WhatsApp or text or contact me through email!

AUTUMN'S SAVE THE DATE!

You'll have your first opportunities to get to know other fuksis and guild members already before the start of your studies during the Head Start and Orientation week!

This schedule includes all the orientation evening events, while the days are filled with activites organized by the university. I strongly recommend reserving the whole week from your calendar to get familiar with the guild and the Otaniemi student culture! I'll inform you of the details of the schedule and events later through the Telegram chat, The guild's calendar is packed for the coming year, so you won't get bored with all the fun we have in store for you!

These events of the autumn are worth marking in your calendar!

23.8. Head Start

26.-30.8. Orientation week

26.8.	Place X
27.8.	Prodeko Amazing Raze
28.8.	Games by PoRa
29.8.	Otaorienteering
30.8.	Pöhinäparty with Athene
3.9.	Aalto Party ja Afterparty
14.9.	Hike with IDBM students
20.9.	Prodeko's Autumn Sitsit
25.9.	SCI International Sitsit
2.10.	SaunApprot (Sauna Crawl at Otaniemi)
11.10.	Diskonttaus (Prodeko's annual ball)
12.10	International Sitsit
3.11.	International Grand Sitsit
22.11.	Sikajuhlat – (Big party by Prodeko)
28.11.	Wappusimulator
2426.11.	Otacruise



More information about the exact schedule of the Orientation week later on Telegram!

TO-DO LIST

BEFORE THE START OF STUDIES

Download Telegram and join the fuksi group via the link in the email

- Master's fuksi: Enrol as attending
- Read this guide, the newsletters and other information material sent by your study coordinator at Aalto University, and follow the instructions for pre-arrival arrangements
- Order a physical student card or download the Frank app. Currently, the physical student card is the only option for exchangers.
- □ Pay the AYY membership fee and become a member of Prodeko (https://prodeko.org/en/guild/joining-guild/) and pay the membership fee (8€), which gives you the right to participate in our events!
- □ If you're moving from outside of Finland pack warm as Finland gets cold surprisingly fast
- Get an apartment and make sure you can either pick up your keys for your apartment, or that your BIG will get them for you
- Contact the Masters' and International Captain Siiri to let Siiri know when you arrive in Finland and whether you can participate to Head Start and Orientation week.
- Participate to Head Start on Friday 23.8! The exact time and location of event will be shared on Telegram.
- Reserve a free bus spot on https://ilmo.prodeko.org/en to if you can come to Place X on Monday 26.8.

FIRST DAY, LET'S GO!

- **Exchangers:** Let's meet at **9:00 on Monday 26.8.** in front of Otakaari 5A where the BIGs (=tutors) will be there waiting for you :) From there, we will head together to a breakfast provided by the SCI faculty.
- □ Master students: Let's meet at 9:30 on Monday 26.8. in front of Otakaari 5A where the BIGs (=tutors) will be there waiting for you :) From there, we will head together to a breakfast provided by the SCI faculty.
- □ Take your student card with you so you can get the student lunch discount.
- Take a bit of cash with you
- Take a swimsuit, towel and warm clothes with you to the Place X we will return from there in the night so it will be already quite chilly!
- □ Good vibes and an open mind!

If you can't find some information online, or if you have questions, wonderings or anything else related to studies and learning in mind, please contact me! You can reach me by phone, email, Whatsapp or Telegram!

WHAT IS PRODEKO

WHAT IS PRODEKO

In short– a student association for students of Industrial Engineering and Management (IEM) at Aalto University.

In more depth- some may say that Prodeko is an adventure for life. That's not completely wrong. The adventure just starts as a guild that builds a community for IEM students. Prodeko creates a network of highly effective, forward-looking people that get things done, have a can-do attitude and a little twinkle in their eyes. The network built during studies is very important during work-life and has many other benefits for your future.

Prodeko also ensures that studying is not just about grinding courses and that everyone remembers to live the best student life in the world. The guild organizes a great number of events and activities during the year: There are company excursions, where you can get familiarized with different industries, get insight from the employees on what it's like to work in different companies, or maybe even land a job yourself! There's also Alumni mentoring organized annually by Prodeko to



help keep the community together and to help Prodekoians make better choices in their lives. But waitwhat about the parties?

STUDENT LIFE AT PRODEKO

Naturally, the guild and student life in general isn't only about business and studies. Prodeko and the Aalto community organize many different types of events to make sure you can balance your studies with fun and parties!

The most famous are the academic table parties, known as 'Sitsit'. In addition, there are sauna parties, bar crawls, festivals, and other types of parties. Prodeko also organizes trips around Finland, and even overseas.

Wellbeing is an important part of studying, and that's why we have PoRa's sports events as well as cultural events (such as museum visits) and hikes organized by guild members. There is truly something for everyone, and always the opportunity to participate in an event, or even organize your own!



PRODEKO'S FACILITIES



THE GUILDROOM

Prodeko's guild room is located in the Maarintie 8 building, more commonly known as 'TUAS', in Otaniemi and is open 24/7 for all guild members. The guild room has a pool table, free coffee, videogames, chess, and most importantly, other Prodekoians. Theguild room acts as the living room of the whole guild, and thus it's a great place for hanging out, meeting new Prodekoians, studying or doing your course work, and of course taking a break in between! Finally, Prodeko has its own terrace right outside of the guild room, next to the TUAS-building parking lot. It's equipped with a grill, as well as a screen and a projector. If the weather's good, it's perfect for a barbeque or movie night!

In addition to the "living room" space, the guild room has Prodeko's gym and a quiet working space next to it. Like the guild room, the gym is also accessible 24/7 for Prodeko members, and there you can find great facilities to work out. No need to pay for a gym membership! The working space, called 'Tuta-klubi' or 'Tuta Club' in English, has desks and monitors for doing your assignments. It's also a great place to find help and peer support if you're struggling with your classes.



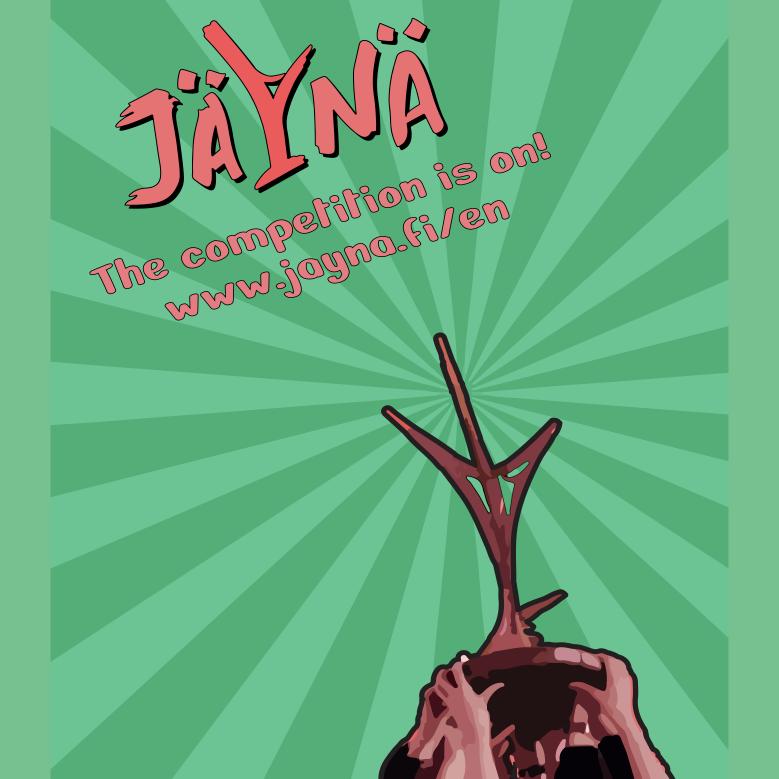
A TECH STUDENT = TEEKKARI



WHAT IS TEEKKARI

Being a technical student (better known as 'Teekkari') means something more in Finland. On the outside we are mostly known from our overalls (in Prodeko they are white with rainbow stripes) and 'Teekkarilakki' (a cap with a tussle). On the other hand, being a Teekkari is a part of our identity which takes its form during the student life. It consists of many things, including knowing the history of technical students and being a part of it. We are also known for inventing all kinds of nice student pranks, called 'Jäynä'. So, beware! Singing is important for a teekkari. "A technical student sings rather than well" is a common saying, and we have a lot of different kinds of events, where singing is a big part of the evening. A 'Sitsit'-party is one of these. There will be many opportunities to experience these in the coming fall, such as the fancier Syyssitsit, International Sitsit, or interdisciplinary Sitsit where you can meet people from other guilds. The dress codes range anywhere from overalls and party hats to cocktail, or even white tie for Annual Balls, so pack your evening gowns and suits with you! Sitsit are one Of the most unique Finnish student experiences, so don't miss them!





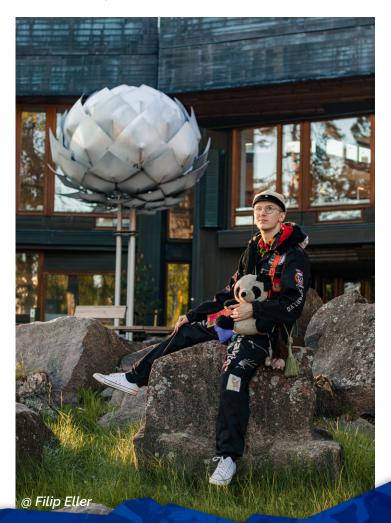
Greetings, new fuksi!

Congratulations on your admission to Aalto University, you have made a choice of your lifetime applying here! I wish to warmly welcome you to our Aalto community and the unique community of technology students, Teekkaris!

My name is Joonas Sorvari, and I am the International Director of the Aalto University Student Union, also known as AYY. I'm the chair of the International Committee, KvTMK for short, which consists of the International Captains, International Officers, or Master's Captains of the Teekkari guilds and associations. Our goal with the aforementioned International Captains of the Teekkari associations and your ISOs or BIGs is to make your first year or semester here in Aalto unforgettable.

The Teekkari culture is very unique and something that you can experience only in Finland. The community, the International Committee and your own International Captains will provide you with events in which you can explore the Teekkari culture, get to know Otaniemi and the rest of Finland and meet your fellow students. The activities are a great chance to enhance your stay in Aalto and to have the time of your life!

The Teekkari culture has a veeeery long history and Teekkaris have had a presence throughout Finland over many years, especially in Otaniemi and Helsinki. Teekkaris have been based in Otaniemi since 1966. The most prized distinction of a Teekkari is their tasseled cap (Teekkarilakki), which goes back to 1893. Outside of Otaniemi, Teekkaris are known, among other things for their pranks (jäynä), tempaus, and singing culture. The tassel-capped community aims to evoke cheer and joy not only in itself but also for those around it. The Teekkari culture promotes a sense of community and tolerance - Teekkaris accept everyone exactly as they are and leave none behind. Fuksi education and upbringing has a long tradition in Otaniemi. My, and your International Captains' task, is to welcome you to the Aalto community and guide you through your first year or semester in Aalto. As a fuksi, you will be able to collect fuksi points from various events and activities, which will earn you your very own Teekkari cap. The fuksi points will introduce you to the Teekkari culture, the Aalto community, Finland, other students of Aalto, as well as to all



INTERNATIONAL DIRECTOR & THE INTERNATIONAL COMMITTEE

the fun memories! The fuksi year will culminate in the largest, most joyful, and revered event for us Teekkaris: Wappu, provided that you, the fuksis, have proved yourself worthy. If you are an exchange student leaving after the autumn term, I strongly suggest visiting Otaniemi again for the potential Wappu.

In addition to technology students, there are also arts and business students studying in Otaniemi. The united and multidisciplinary university, as well as the Aalto community, will provide you with a rich and abundant selection of student activities to complement your studies. Everyone is sure to find some activity that interests them with a like-minded group!

My most important advice for you is to participate with an open mind and heart. Get to know your International Captains, tutors, and your fellow students. Besides studying, experiencing new things together and building friendships are some of the best opportunities our university can provide you during your time here as a student. Your guild or association, the International Committee, and countless other people and organizations create the framework for the activities, but you decide how you want to shape your time as a student. A once-in-a-lifetime experience awaits you and I recommend that you make the most of it! I am in the privileged position of accompanying you

your journey to becoming Teekkaris.

With best wishes. Joonas Sorvari

The International Committee

The International Committee or KvTMK (comes from the Finnish word Kansainvälisyystoimikunta) consists of the people in charge of international students and matters in different guilds and associations and is led by the International Director. KvTMK is involved in the fuksi and tutoring activities regarding the international fuksis (new Master's students, exchange students and Double Degree students). The events organized by KvTMK are for all Aalto students, yet prioritizing the internationals as the main language in KvTMK's events is always English. Furthermore, KvTMK also promotes internationalism and the role of foreign students at Aalto and the Teekkari guilds and associations.

KvTMK works under Teekkari Section (Teekkarijaosto in Finnish), or TJ when shortened. Teekkari Section's main job is to uphold various Teekkari traditions and organise many different kinds of activities that are meant to strengthen and enrich the Teekkari spirit. Although its main objective is to focus on Teekkari life, the activities are open for all Aalto students.

Additionally as the representative of the oldest and original technical university students in Finland, Teekkari Section's opinions have a big impact on the future of Teekkari traditions.



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Congratulations Fuksi!

Become a student member of TEK! Membership is completely free, and includes a host of services to help you not only work in Finland, but to thrive here. These include guidance on how to summer job hunt, recommendations for your salary, as well as legal aid to check your first contract or to later protect your rights.

TEK is a community of around 80,000 university students and graduates in the field of technology. We strive to ensure that our members have the best working conditions possible, in order to help them solve the major issues of our time; from climate change and natural resource scarcity to artificial intelligence.

Find out more at www.tek.fi/en/students or join www.tek.fi/en/join now!

Best regards,



Niina Tapanainen Opiskelijayhdyshenkilö / Otaniemi +358 45 7820 1127 TG @Otaniemitykki



Hello dear new master's/exchange student and a warm welcome to Aalto and Prodeko, the guild of industrial engineering and management.

I am liro, a fifth-year IEM student and the President of Prodeko for the calendar year of 2024. Prodeko is a unique community full of inspired, laid-back but motivated people. The Prodeko community consists of the great trifecta: The Guild, The IEM Department, and our Alumni. Prodeko is a community that lasts for a lifetime!

As a student at Aalto IEM, you will be invited to join Prodeko. Especially if you come from abroad and are not used to Finnish university life, it's good to realize that the guild is really for all IEM students - I'd say 99% or even 100% of IEM students join the guild. This means every year, around 60 fuksis, 40 exchange students and 20 Masters' degree fuksis start their studies and join Prodeko. In Otaniemi, we are one of the smaller guilds, but also one of the most active and tight-knit. The purpose of our guild is to bring IEM students together, to help them become the best versions of themselves and to offer chances for academic and professional development. We do this by providing services, like the Guild room, events, company excursions and Sitsi-parties, and student advocacy.

Our guild is for the students, by the students. We are a grassroot volunteer organization where everyone can participate and contribute to making our community better than it was yesterday. If you are interested in participating in the guild or have ideas how to make things better, please don't hesitate to contact Siiri, me or any of your tutors to get you started! Maybe in November, you will pick up a post as our guild's volunteer! Our actions are based on our values. Our guild's values are (1) Think Big,

- (2) Get Things Done,
- (3) Learn and Grow,
- (4) Give Back, and what I think is the most important
- 5) Be a Good Person.

These values drive not only us students but also the department of IEM and our alumni association. Since their creation in 2016, these values have been our guiding principle when making decisions.

Studies at Aalto IEM aren't always easy. There will be deadlines and long nights. Sometimes you will be tired, but hopefully, the feeling will be a passing one. A key factor in student wellbeing is a strong community and a support network. We Prodekoians support and care for one another, so it's vital that we all look out for each other. There is always someone to talk to and someone who can help. I

hope to meet every single one

of you at orientation week!

If you have any questions or want to contact me, my email is puheenjohtaja@ prodeko.org and Telegram is @iirohu. If you see me, don't hesitate to come and say hello, can't wait to meet you!

Let's make these next few years the best in our lives,

liro Ukkonen

President of Prodeko Ry



Teknologföreningen



Welcome to Aalto University!

My name is Viivi Winquist and I'm the International Captain at Teknologföreningen (TF). My task is to be the primary support for new international students at TF, the Swedish speaking student nation at Aalto. Whether you are a Swedish speaker or simply interested in the language and culture, TF is a welcoming environment where you can meet new people, participate in various events, and enjoy a rich student life. Feel free to reach out to me if you have any questions or want to learn more. Can't wait to meet you!

> Viivi Winquist Integratõr -358 40 1895454 Telegram: viiviwinquist



Hello everyone!

My name is Sara Blomqvist and I'm the Fhuxivator at Teknologföreningen. Our community offers a unique opportunity to engage in student life in Swedish and we welcome anyone who is interested. My main task is taking care of new students who find their way to TF. If you come by our house during the orientation week you'll likely see me there! Feel free to contact me as well if you have any questions!

> Sara Blomqvist Fhuxivator 358 44 2372882 phuxivator@tî.fi



GREETING FROM THE CAPTAIN OF FRESHMAN EDUCATION

Hello there!

My name is Laura Lehikoinen, and I am Captain of Freshmen Education (Fuksi captain for short) in the guild of Industrial Engineering and Management Prodeko. In practice, it means that I do the same job as Siiri with you guys but with the new Bachelor students of Prodeko. I am responsible for the Fuksi upbringing of them and familiarizing them with university life. Even though I am not directly responsible for you guys, we will have plenty of joint events where we can meet and get to know each other. You can recognize me from the white cape with rainbow stripes.

Also, if you ever see me hanging around in the guild room (as you probably will, I quite enjoy that space), don't hesitate to come say hi as I'm always eager to meet new Prodekoians!

Oh, and before I forget, congrats on your new place of study at the IEM department in Aalto! Here we have a tight-knit community that organizes plenty of different happenings from company visits and academic fairs to weekly sports sessions, Sitsis, and crazy parties with amusement park rides. The daily interactions of the guild members usually happen in our guild room where you can enjoy some fresh coffee, play 8-ball, hit the gym, or just hang out with new and old acquaintances across different years of study. I'm sure that Prodeko will offer you something that interests you, but I encourage you to try new things and meet all of the awesome people that make up this guild.



It's great to have you as a part of our guild! Have a nice rest of the summer, and I'll see you during the orientation week!

Laura Lehikoinen

Captain of Freshmen Education

GREETINGS FROM BIG RESPONSIBLE AND FROM THE BIGS

Dear Fuksi, welcome to Prodeko!

I'm Heini, the BIG responsible of Prodeko for the 2024/25 academic year. This means that I guide our BIGs (tutors) with Siiri in order to make your experience as good as it can be. Starting studies in a new place or even a new country can be intimidating, but our BIGs (tutors) are here to help so everything goes smoothly. They will help you to navigate in Helsinki and to settle at Aalto University. But most importantly they will be your guides to Finnish student culture.

From your first billiards game to getting involved in other Prodeko activities, the BIGs will be there to ensure you have an amazing time. Whether you need help finding your way around campus, tips on managing your studies, or just someone to chat with, the BIGs and I are here for you. We can't wait to meet you in the fall and start this exciting journey together!

Heini Koivu

BIG Responsible '24





Hello Fresher!

We'll be there for you weather you need help with getting the keys for your apartment, want someone to show you around the campus or just would like to have someone to chat with! We already know the secrets of Otaniemi - which is the best place for a lunch, where are the nicest spots to study at TUAS and how to play billard at the guildroom!

Can't wait to meet you! We have planned many, many fun things for you during the orientation week and after. See you soon!

Your BIGs

MASTER STUDENTS' BIGS

Tyko I believe it is impossible to be sure of anything

Tuomas Reality is just a majority opinion

> E.110 FICIENT DIAMOSIS

Jaakko

The deadline for the graduation are the courses and the deadline for courses is the graduation

Siiri "All nice things are good for you"

Enes

Knowledge is the compass guiding us through the wilderness of doubt

Mikael Life is a multivariate optimization problem

Joni Wisdom is knowing we're all just guessing our way through life

PRODEKO

18 9 66

18

EXCHANGERS' BIGS

Leo A nice Otaniemi but doesnt taste so good

ithuut ith

Markus T. Aalto's finest just got a whole lot finer

Veikko Too BIG to fail.

Markus M. What if I tell you, there are three corners in a triangle

Tiina Not antisocial, just introverted

0

1

Niklas You have time to complete all the courses before you graduate

G: ə

Paavo Exchange BlGger C

Faeq this is great place! Saghar Survival Finnish 101: Beer+ Sauna Makes Your Wishes Come True

Joonatan Listen to yourself

P

Siiri I am Everywhere and Nowhere.

TIPS FROM THE BIGS

Hi and welcome to Prodeko on my behalf too <3 !

It's so great to have you with us! (And I'm so happy that someone didn't skip this text, sniff :')). I'm so excided to star the new semester with you and gathered some tips together with our BIGs for you. I hope you will find these helpful!

Find your own thing

There are a million ways to be a Prodekoian. You can be an active guild member, concentrate on your studies, or travel a lot and see different places if you are for example an international student. Try out new things without prejudice. It might be useful to listen to others' opinions and tips, but don't believe everything, find your own thing. But well I mean...these tips we gathered are still great though so continue reading!

Get to know other people & study together

It's so much more fun to work with other students, so I highly recommend to ask for somebody to go and eat lunch and figure out hard questions together. And why not to ask somebody for lunch without a specific reason too, no need to be shy, others are probably also just waiting for somebody to ask them for lunch too :)

Come to the guild room

Free coffee and you can play pool with others, also good places to study next to the guild room!

Invest in your wellbeing

As a student, there are so many things to balance: studies, participating in parties, time with family and friends outside school, hobbies, travelling... Prioritise, but don't forget your own wellbeing. Many of us experience FOMO, fear of missing out, sometimes, but remember that we all have limited resources and for example no single party or event is really that important.

Try excursions!

Interested in companies like Supercell, Fazer or Mc-Kinsey? As Prodekoians we have a lot of opportunities to get to know different companies (and eat free food at their office), and those are all companies that we have had excursions to. So pay attention to Prodeko website's event registration page and find the ones that you are interested in!

Participate in events!

There are so many interesting events etc. in Aalto, so I highly recommend trying them out, or at least checking them out. For example from AYY's and Prodeko's websites you can find many different events, ranging from sports to parties and theatre performances.

Associations in Aalto

Ayy has a lot of associations, go check them out! From sports to music, theatre to sociaty related associations, there are so many interesting ones: https://www.ayy.fi/ en/list-of-associations

TIPS FROM THE BIGS



Dealing with unappropriate behaviour

We have harrassment contact people in all of our events, so if you face anything that makes you uncomfotable, don't hesitate to come and talk to any of us tutors or the harrassment contact people, even when you are unsure, and especially when you are unsure about how the situation should be dealt with. Nothing is too small to bring up, come to talk with us with a threshold as low as possible.

Tips for school lunch

Pay atention to which are the main courses, if you mix 2 main courses they might charge you extra, for example soup can be a main course by itself: soup + rice => double price

Aalto metro station's school cafeteria is open until 18. Eat lunch somewhere else and dinner at the metro station => you don't have to cook that much :D

Public transport:

If the metro sign says Tapiola/ Kivenlahti = the metro goes to west and if the metro sign says Vuosaari/Mellunmäki = the metro goes to east

You can get the monthly public transit tickets at a 40% discount as a student. Exchangers need to visit one of the offices physically.

Getting accesses to places

Go get an access card through the lobby services at Väre or Kandidaattikeskus

You can access the guild room between the hours of 07:00-22:00 if you apply for the guild member access rights through idm.aalto.fi

There are 24/7 accessible studying spaces at the library, Kandidaattikeskus, School of Business, and in Väre. But don't study 24/7 :D !

Use us BIGs, we are here for that <3

And finally, we are here for you, so don't hesitate to come and ask us if you have any questions We might not know everything, but we will do our best to at least direct you to someone who knows better.

Sincerely,

Tiina & International & Master's BIGs

TOKYO ry is the student association that brings together students of the school of arts, design and architechture.

We're the umbrella association open to all of Aalto ARTS and arts-inclined students.



Telegramly

The name "TOKYO" was originally an acronym for "Ta

As a school-level association, TOKYO takes an active part in student advocacy and organizes events to gather together all the ARTS-minded students and alumni.

Our annual events include a Lapland trip, our annual ball Maskerad, and the Christmas and Spring student arts sales.

TOKYO also owns the vegan and non-profit Kipsari restaurant, as well as the Torso magazine, which features content contributed by ARTS students and discusses current events and topics. Find more info about us on Instagram! @tokyo_aalto_arts

KYO

HELLO FUKSI AND WELCOME TO AALTO COMMUNITY!

KY - AALTO UNIVERSITY BUSINESS STUDENTS

KY is a community of more than 3000 business students, "kylteris". Our purpose in the Aalto community is to cherish our 110-year-old traditions, uphold KY culture and advocate for our members. At the campus you can spot us in our dollar green overalls.

KY is home for hundreds of volunteers, who participate actively in KY's clubs, subject clubs, subcommittees and committees. They organize a wide selection of activities to make sure that everyone gets the most out of their time in the university. We have many traditional events that are also open for anyone in the Aalto community, such as the adventure competition Aalto City Challenge, Hukkaputki pub crawl and KY Wappu.

Website: ky.fi Instagram @ky_1911 TikTok @ky1911_



PROBBA RY

Probba is the Student Association of Aalto University School of Business, Mikkeli Campus. All students who study at Mikkeli campus are members of Probba, bringing their size to around 240 members.



POLYTEKNIKKOJEN RAITTIUSSEURA - PORA

Refreshingly sober greetings!

The Polytechnic Sobriety Society, more familiarly known as 'PoRa', was founded in 1969, and since the beginning, it has been the largest temperance society in Espoo and the

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toughest one in the universe! For over five decades, PoRa has been fighting against the Dread of Booze in its own unique way. With the power of its ideology and sparkling water, PoRa's temperance knights have been fighting for a more sober world! Join us in the name of sobriety! During the year, PoRa organizes a lot of temperance activities like sports and other events. Members of PoRa can easily be recognized from their PoRa-shirt and other PoRa swag!

HOW TO JOIN?

PoRa's activities have a sturdy, tripartite foundation, formed by ideology and sports. In sports activities, PoRa's playbook is based on a coaching philosophy, which emphasizes good spirit and attitude in place of skills. With a twinkle in the eye, PoRa has earned international fame by winning the World Championships in Swamp Football and at least four times in Academic Kyykkä.

In addition to tournament trips, PoRa is a regular participant in several university sports leagues. PoRa's presence always puts a smile on both opponents' and referees' faces. As a more regular part of sports activities, PoRa has two weekly sports sessions at Otahalli on Wednesdays from 9pm to 10pm and Sundays from 3pm to 4pm, from the beginning of October to the end of May. During the summer season PoRa plays beach volleyball at Teekkarikylä. Make sure to join PoRa's Telegram chat at https://t.me/sporttiawithpora!



"Drink water, and so will PoRa drink!"

Aaro Nieminen, PoRa's president 2024

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knikkojen

aittiusseura



Instagram: @raittiusseura

Tiktok: @raittiusseura_69



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PRODEKO ALUMNI

What is Prodeko Alumni?

The Prodeko community doesn't only consist of the guild and its members, but also the Aalto IEM department, and the Prodeko Alumni. Prodeko Alumni is one of the most active Alumni organizations in the field of technology and has close relationship with both the guild and Department of IEM.

Everyone who has studied in Aalto IEM is member of the Alumni and IEM students in their last years of studies are welcome to the events of Alumni, e.g. excursions. Alumni is also here to support the Guild and students, for example through annual alumni mentoring. It's a great opportunity for Master's students to discuss different career plans and work-life with alumni. Alumni also helps in organizing the annual Prodeko Seminar. It's a one-day business seminar held in the spring semester, including interesting speakers and dinner. The Seminar is an an event which brings together the whole Prodeko community from professors to students and alumni.









PRODEKO'S VALUES

THE 5 VALUES OF PRODEKO COMMUNITY

THINK BIG

Be bold. Trust yourself and your skills. Take risks, but not blindly – do so with entrepreneurial responsibility, ownership and humility.

GET THINGS DONE

Take initiative. Have a can-do-attitude. Value results, not working hours. Be efficient, but above all, be effective – what you do and don't do are equally importants

LEARN AND GROW

Be curious. Keep learning. Embrace imperfection. Know that your qualities aren't fixed — you can grow and develop throughout life.

BE A GOOD PERSON

Act with integrity. Be worthy of trust. Meet others with kindness. Remember that who you are is more important than what you do.

GIVE BACK

Support. Collaborate. Value your community. Don't ask what others can do for you, ask what you can do for others.

GREETINGS FROM HARASSMENT CONTACT PERSONS

First of all, we would like to congratulate you on your new study place!

Welcome to our rainbow-coloured community, where we want everyone in the guild to be able to have fun, and feel safe and comfortable at the same time. Prodeko has a zero tolerance policy towards harassment, discrimination, insults and bullying of any kind. **So as harassment contact persons, we are here for you!** Our harassment contact persons will listen to you and, if necessary, help you move forward with your case, always respecting the preferences of the person being harassed or bullied. From a small stream grows a big river, so even if something seems trivial, don't hesitate to contact us whenever you feel like it!

Prodeko's events follow the principles of safer space.

The aim is to enable and ensure an equal and safe atmosphere so that everyone can come to events without fear of discrimination, harassment or bullying of any kind.



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You can contact us by talking in person, through a message or through Härychat. Härychat is a very low threshold way to chat anonymously with a harrassment contact person of your choice.

Safer Space Principles:

- No harassment, discrimination, sexism, racism or bullying of any kind is allowed in the Prodeko.

- Treat others with respect.

- If someone points out your behaviour, take the feedback/criticism constructively.

- Respect everyone's right to physical and mental integrity.

- Do not pressure anyone to use alcohol or other intoxicants or to engage in any other activity that the other person finds unpleasant.

- Ensure that everyone has the opportunity to participate and be part of the community.

Vocabulary:

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Harassment contact person or 'häry': Prodeko has five official harassment contact persons whom you can contact when ever, on any matter.

Event harassment contact person: The event organiser may appoint event-specific harassment contact persons who will act as the harassment contact person for the duration of the event.

Prodeko's Safer Space Policy: A document describing in more detail how guild members should behave in student life, as well as advice on how to deal with different problem situations.

Eettinen ohjesääntö: A code of conduct for the guild that describes the structures and practices of the guild to promote equality and a safe space.

Aino Salmi, Fresher '23 aino.e.salmi@aalto.fi +358 44 9297924 TG: @maitotytto

> Sami Vilén, Fresher '21 sami.vilen@aalto.fi +358 452754750 TG: @samivilen

Aleksi Turkkila, Fresher '20 aleksi.turkkila@aalto.fi +358 405926353 TG:@aleksiturkkila

> Aino Soinio, Fresher '20 aino.soinio@aalto.fi +358 449745644 TG:@qlonqqu

Kalle Kinnala, Fresher '22 kalle.kinnala@aalto.fi +358 407609499 TG: @kallekinnala

THERE IS SUPPORT AVAILABLE

Aalto University's support services are just for you!

Aalto offers support for every situation, whether it's extra time for exams, stress, lack of motivation to study, leaving things to the last minute, career-related considerations, a minor subject or even the desire to hone your study technique!

All services offered by Aalto are collected on this page: <u>https://www.aalto.fi/en/support-for-stu-dyi</u>

Don't stay alone! Contact Aalto's study psychologists with a low threshold!

Booking an appointment from them: opintopsykologi@aalto.fi

Or check out their website:

https://www.aalto.fi/en/palvelut/individual-counselling-by-study-and-career-counselling-psychologists

The Starting Point of Wellbeing also offers students help, advice and guidance on well-being-related services.

Follow them on Telegram <u>t.me/aaltospw</u>

or check out their website: <u>https://www.aalto.fi/</u><u>en/support-for-studying/starting-point</u>

Other useful links:

YTHS: <u>https://www.yths.fi/palvelupis-</u> teet/

Sekasin-chat: <u>https://sekasin.fi (in Fin-</u> nish/Swedish)

Services offered by the city of Espoo:

https://www.luvn.fi/en/services/health-services/mental-health-and-substance-abuse-services

Services offered by the city of Helsinki: https://www.hel.fi/en/health-and-social-services/health-care/health-stations





We at FSHS are here to support your health and well-being throughout your studies.

Our services, including health care appointments, groups, and wellbeing events are available for anyone who

- is studying towards a Bachelor's or Master's degree at a Finnish higher education institution
- has registered as an attending student for the current semester.

Read more about paying the healthcare fee for students in higher education and exemptions to it at **kela.fi/healthcare-fee**. Please note exchange students are currently not eligible to use FSHS services.

We recommend that you familiarise yourself with our Self online service and start using Self right at the start of your studies. There you can, for example, update your contact information, manage health-related matters easily with service forms, use chat services and manage your appointments. More information at **yths.fi/en/self-info**.

Read more about our services and accessing them on our website at **yths.fi/en/using-services/for-new-student/**.







ESN Aalto is the local section of the Erasmus Student Network (ESN) at Aalto University. We are a diverse community of students dedicated to enriching the international student experience promoting intercultural and understanding. Our vibrant team consists of passionate individuals committed to creating welcoming and а inclusive environment for both international and local students.



At ESN Aalto, we believe in the power of cultural exchange, friendship, and collaboration. Whether you're an exchange student looking to immerse yourself in Finnish culture or a local student eager to connect with peers from around the world, ESN Aalto offers a wide range of activities and events tailored to your interests.



From exciting cultural festivals and language exchange sessions to adventurous outdoor activities and volunteering opportunities, there's something for everyone at ESN Aalto. Join us and become part of a global network of students united by a shared passion for diversity, inclusion, and lifelong learning.

THE SCHOOL OF SCIENCE

SCI, SCI, SCI!

The School of Science (SCI) consist of five student associantions: Prodeko, the Guild of Physics (FK), Athene, Tietokilta a.k.a. the Computer Science Guild (TiK), and Inkubio, which is for those studying Bio-Information technology.

We do a lot of things together, and you'll certainly meet people from outside your own Guild during the autumn and spring!

The saying "SCI, SCI, SCI!" is known as the war cry of the School of Science. It is shouted while simultaneously skiing with your hands in the air.

> In the picture you can spot the SCI's International Captains. From left to right - Valentin (Athene), Lotta (Inkubio), Kirill (TiK), Ruhan (FK) and Siiri (Prodeko)



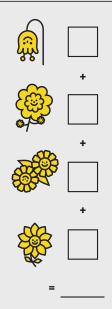
THE GUILDS OF SCI

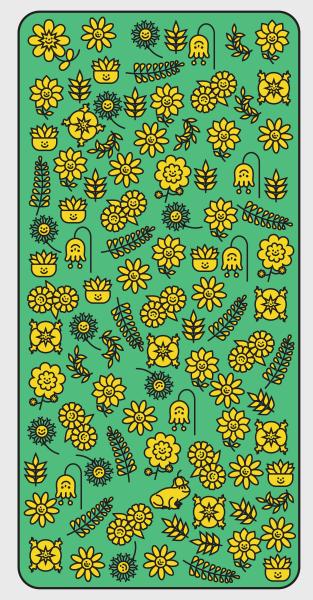


Focus on what matters

Welcome to Aalto University! It's going to be a wild ride, so remember to take a breather whenever you need it. Maybe stop and smell the flowers. If you can't find any actual flowers, here's a game for you:

Find the four specified flowers in the field, and count how many of each there are. **Count the numbers together (a+b+c+d=NUMBER), and go to avp.aalto.fi/NUMBER for a small prize!**





Aalto Ventures Program helps all Aalto students see through the noise and find their own thing. You'll learn how to think like an entrepreneur, see problems as opportunities, and know how to pick the right ones for solving. Our courses and open events focus on entrepreneurship, sustainability and well-being, and provide everyone with tools for building a better future — for both yourself and the planet. Someone's gotta save those flowers..

Follow us for more!



avp.aalto.fi



RETUPERÄN WBK selviää myöhemmin



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Finlandia-talossa 21.3.2025

You Tube Retuperan WBK

THE GUILDS OF OTANIEMI



Teknologföreningen, TF, is the Swedish-speaking and the only student nation at Aalto. Everyone is welcome to TF regardless of study programme or language. The only requirement is to be interested in learning or speaking Swedish. Teknologföreningen owns Urdsg- jallar, the big concrete building next to Dipoli, and runs their own student restaurant there. TF-members are recognized from their technology red overalls that are usually combined with parts of the guild or university association overalls.



The Guild of Surveying Engineers (Maanmittarikilta) is the association for students in the degree program of Real Estate Economics and Geoinformatics, Sustainable Communities and Built Environment. MK, established in 1901, is the oldest guild that still receives new undergraduate students every year. You can spot the members of the guild by their matte black overalls with a fuchsia colored sleeve. The MK guildroom, Monttu (it means a gob or a pit), is located at the K1 building.



The Guild of Architecture was founded in 1908 and is Otaniemi's second oldest guild still receiving fuksis. It is home to students of Architecture, Landscape Architecture and Inte- rior Architecture, so the members are a mix of students with technical and artistic backgrounds. The Guild of Architecture's overalls are off-white ('painter white') and made of very easily soiled cotton. The Landscape Architects can be identified by the tree on the back of the left leg. Interior Architects design their own fabric to decorate their overalls with. The logo on the back of the overalls is different each year, as it is designed by the fuksis themselves.



The Guild of Civil Engineers, more commonly known as "Raksa", is a subject associati- on that was founded in 1913 and accepts undergraduates studying civil engineering and computational engineering. The association, which was originally named "Engineers' Club" aka IK, is Otaniemi's third oldest guild that still accepts fuksis. During the years 2013-2021, the guild members majored in Energy and Environmental engineering. Rak- sa members are easily identified by their builders blue overalls with a green sleeve and pocket and their legendary chant of "RAKSA JAKSAA" ("Raksa perseveres!")



The Guild of Mechanical Engineers was founded in 1915, and even with 108 years of history, it is the youngest guild in the School of Engineering. However, it is one of the biggest guild's with over thousand members. Members of KIK can be recognized by their cheerful pink overalls, their pink caterpillar tractor mascot and their jubilant chants of "YY, KAA, KONE!" ("ONE, TWO, MACHINE").



The Guild of Electrical Engineers (also known as SIK) was founded in 1921. The ener- getic electrical engineers can be identified by their pure white overalls with the new cog logo on the back of the overalls. You can also spot the old lightbulb logo from older students' overalls. SIK's overalls are also decorated by a depiction of a telegram on their right thigh pockets. These overalls can be seen on SIK fuksis from day one, as they are the first guild to receive their overalls in Otaniemi. SIK's chant is "Jappadaida, jappadai- da, hei, hyvä SIK!"



The Guild of Physics (aka Fyysikkokilta, FK) is a guild founded in 1947. It gathers all En- gineering Physics and Mathematics students as well as Quantum Technology students in Aalto under the same roof. Each Engineering Physics and Mathematics student specializes in either physics, or mathematics and systems sciences. The guild's overalls are natural white and in order to get the right shade, fuksis dye their overalls with tea. For Quantum Technology students, the left sleeve is beige.



The Guild of Industrial Engineers (Prodeko) was founded in 1966, although it says 1866 in their overalls due to a legendary mistake. Although the guild only has a small intake, their members are all the more active! Industrial Engineers can be recognised by their white overalls, which are decorated with rainbows. New fuksis design the overalls from the ground up and put them on for the first time in November at the Sikajuhlat, to which you are also warmly welcome!



Tietokilta, or Computer Science Guild, is a student guild founded in 1986. Tietokilta is one of the largest in Otaniemi. Many of the younger guilds in Otaniemi have started as a part of this guild, namely AS, Athene and Data Guild. Members of the guild are recognized by their shiny black overalls with the guild's unofficial @-logo in the back. The chant of the guild can be heard from far away as a two-part call-and-response: "tieto-KILTA!"



The Guild of Automation and Systems Technology AS was founded in 1998. It brin- gs together students majoring in Automation and Robotics, Information Technology as well as Digital Systems and Design. The industrious members can be recognised by violet overalls. The left sleeve is black with a white pocket that reminds of shared history with TiK and SIK and the arduino-blue pocket on the right leg represents Digital Systems and Design students.



Athene, the Guild of Information Networks, was founded by Information Networks stu- dents in 1999, and from the year 2022 also includes students of Engineering Psychology. At- hene's overalls are forest green or "Athene green"; the left sleeve, collars, and back pockets are black as a tribute to the Computer Science Guild, which Athene separated from in 2003. The guild's official logo, the "eye of Athene," is featured on the back of the overalls.



The Guild of Bioinformation Technology (Inkubio) was founded in 2007. Inku- bio is youthful, dynamic and it is the best guild in Otaniemi. As the result of a histo- ric spelling mistake, Inkubio's overalls are a reddish brown, and they are decorated with white "cow" patches, which guild members sew on themselves, to comme- morate the time when they were part of the Guild of Electrical Engineers. On their backs, they proudly carry their logo, Maikki, a circuit board in the shape of a cow.



The Association of Process Engineering Students welcomes Chemical Engineering stu- dents in both the Finnish and English bachelor programme. Founded in 2012, PT is one of the youngest student associations in Otaniemi. PT's overalls are a blue and have three stri- pes, yellow, blue, and red, on each limb representing the three CHEM guilds that PT decends from. The association's logo can be found on the back: it depicts a Bourdon tube pressure gauge measuring pressure, one of the most important variables in any process.

Young Designers ('Nuoret Designerit' in Finnish), NuDe for short, is the student organisation of the ARTS Department of Design. NuDe was founded back in 1986, before NuDe's former home, the School of Arts and Design TaiK, merged with the School of Architecture to form the current School of Arts and Design. NuDe is recognised by its Wappu coat, the design of which changes every year. It is named after the first design, the 'Vappukukka'.

Data Guild is the guild for students of the degree programme in Data Science. Founded in 2019, it is the youngest guild in Otaniemi. The members of Data Guild have two different overalls. The older ones are shiny black with a silver sleeve and the current ones are shiny silver with a black sleeve to commemorate the time of Data Science students as part of the Computer Science Guild.

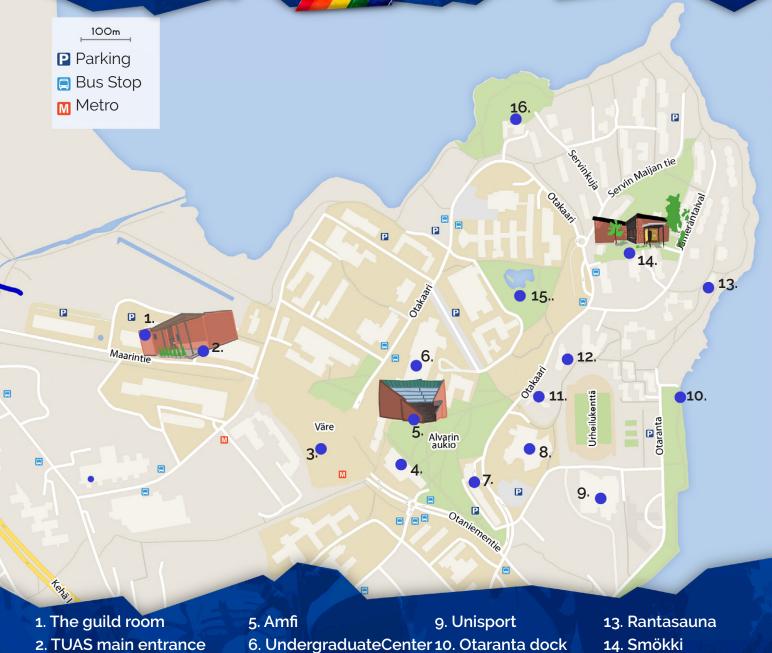
In addition to PT, there are three CHEM guilds influencing in the School of Chemical Engineering; Chemistry Guild, Forest Products Guild and The Guild of Materials and Metallurgy Students. The guilds are active in their own domains; not organizing bachelor fuksi upbringing as this is managed by PT in a collective fashion. The CHEM guild's overalls (red, yellow and blue) have become a rare sight in Otaniemi, but these colors can bee seen sewn on to ove- ralls, for example as a sleeve.

There are many more people in Otaniemi than just Prodeko!

There are a total of 14 guilds, university associations and departments that host Fuksis .In addition to the teekkaris, the Otaniemi campus is also home to the business students in their dollar-green overalls and the ARTS members in their Wappu coats.So it's worthwhile to get to know the members of other guilds with an open mind. Otaniemi is full of great people, and you might find fun around the corner with a complete stranger.

Take a sneak peek at the upcoming autumn colour book, so you already know who you'll be hanging out with during orientation week!

THE MAP OF OTANIEMI



- 3. A Bloc and metro7. AYY of4. Harald Herlin e.g. library8. Dipoli
- 6. UndergraduateCenter 10. Otaranta dock 7. AYY office 11. Täffä 8. Dipoli 12. OK20
- 13. Rantasauna 14. Smökki 15. Ossinlampi 16. YTHS

Greetings from Aalto University Student Union!



A warm welcome to Aalto University and especially to your Student Union AYY. Student life is a matter close to our hearts, and we at AYY are working hard to ensure that you can experience the best student life in the world! Our goal is to ensure that every student enjoys a safe and supportive environment during their studies.

A new open world full of great opportunities is now in front of you. We encourage you to be curious – to learn, to discover, to explore and above all to enjoy your time at Aalto. Challenges are part of life and finding your own path can be challenging at times. So don't hesitate to contact us as we are here to support you with any problems you may have.

See you on campus!

AYY board '24

Services

Student housing

AYY owns 2700 student apartments and offers home for over 3400 residents. Apartments are located in Otaniemi and Leppävaara in Espoo and in various parts of Helsinki.

Living in AYY's apartments requires AYY membership and a valid right of residence to AYY apartments.

AYY has single room apartments, studios, two room apartments and bigger apartments. Single room apartments are offered primarily to new students and exchange students. All the apartments are unfurnished, and rent includes Internet and water. Laundry room and sauna slots are extra service for free.

You can browse and search for AYY's housing through the Domo system: domo.ayy.fi. You can read more detailed application instructions on AYY's Housing website. As a student, you can also apply housing from the Foundation for Student Housing in the Helsinki Region (HOAS).

Advocacy and interest representation

AYY represents students' interests and rights on university level and national level, making sure students are being heard in the society! You can take advantage of AYY's advocacy services, for example, if your exam results are late or you may get in touch with an equity officer if you encounter any type of harassment. As a member of AYY, you can apply for administration as a student representative and influence the decisions made at the university.

AYY's highest decision-making body is the Representative Council (RepCo), which is elected by vote. In the elections, all AYY members can vote and run as candidates. The next Representative Council elections will be held next year. Members of the Representative Council decide on the goals and policies of the Student Union.

Student culture

Volunteering, association activities and diverse events are an essential part of Aalto student culture and the Aalto community. The highlights of the year include Wappu and Orientation week events, annual ball, Shrovetide celebrations and many other events.

In addition to the Student Union, events are organised by volunteers who work in sections and committees. AYY has six sections: Community Section Aava, Campus Section, Teekkari (Technical Student) Section, Museum Section, New Students Section and Advocacy Management Group (more commonly known as EduJory). The call for volunteers will open in late autumn. Information on the call will be published in AYY's communication channels. In addition. AYY has more than 200 associations that organise activities in the fields of sports, music, games, and other hobbies. New students are always welcome to join association activities, and AYY offers help, support, and advice for the establishment of associations and their activities. Keep an open mind for different opportunities and get to know the associations in upcoming events!

The Museum of Student Life has expanded its exhibition and activities to cover the student cultures of the entire Aalto community - technology, business and arts. In addition to technology students' culture, the museum now also presents the history and present of KY - Aalto University Business Students and TOKYO, Students of Art, Design and Architecture. In addition, AYY's art collection will also be presented in the exhibition collections. The museum is located at Jämeräntaival 3A.

Rental facilities

In addition to housing, AYY has numerous saunas, event venues and recreational facilities that members can rent. Some facilities are free of charge. AYY also rents a van.

Scholarships and project grants

You can apply for a project grant from AYY or the TTE-Fund for a project organised by a group of friends or an association. You can also apply for scholarships awarded by AYY.

Student benefits

You will receive a digital or plastic student card to prove your student status (card delivered by Frank). By showing your student status, you are entitled to hundreds of benefits from I Aug onwards, including Kela, Matkahuolto and VR, as well as to student lunch discount in student restaurants. You are also entitled to student discount in public transport in the metropolitan area if you live in the HSL area and have updated your student status in your travel card at the HSL service point or activated the student discount in your HSL-app. You can find the list of all benefits and discounts available with the student card on Frank's website at frank.fi.

The digital student card Frank App is an official student ID, which you can download and activate starting on I Aug once you have enrolled for attendance at the university and paid AYY's membership fee. You can check the prices of other card options on Frank's website. You can also add an ISIC license to both digital and plastic student cards. More information on different student cards can be found on Frank's website at frank.fi.

If you have chosen the plastic student card, please remember to pick up the academic year tag (aka. sticker) for your card from AYY's service point! At the same time, you can also pick up a free Design Notebook and a badge.



Aalto University Student Union

As a student of Aalto, Aalto University Student Union, AYY, is your student union. AYY brings together about 17,000 students of arts, design, business and technology. We work to ensure the well-being of all our members and we want to develop teaching at Aalto and the best student life in the world.

As a member of AYY, you are entitled to numerous student union services and student benefits both locally and throughout Finland. AYY offers several services for its members, such as affordable student housing, rental facilities, and advocacy. As a student of Aalto, you can also participate in activities and events organised by AYY and over 200 associations within the Student Union.

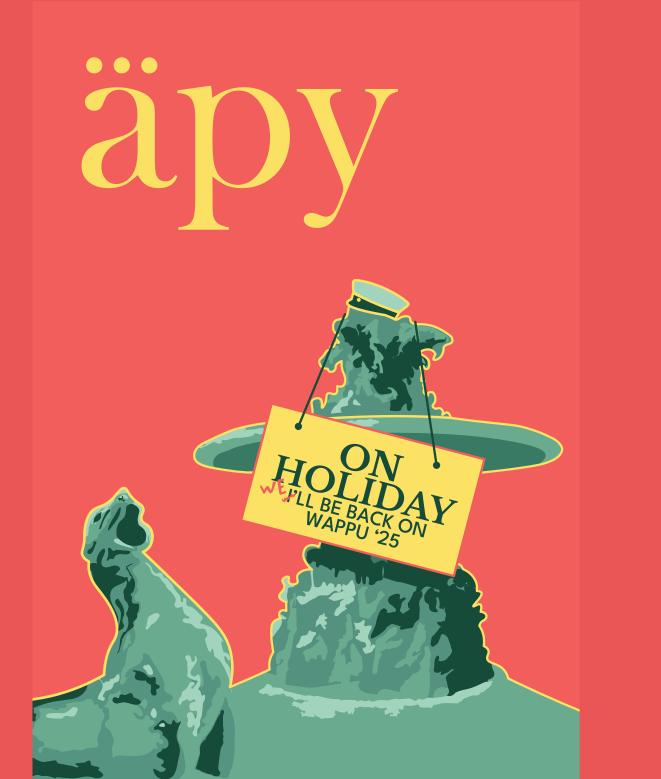
AYY in Figures

- More than 17,000 members
- Approximately 200 organisations and associations
- Approximately 2,700 student apartments
- Nearly 50 employees
- 10 full-time board members
- Approximately 500 volunteers

Communication Channels

You can find comprehensive information about all AYY's services and opportunities at **ayy.fi**. We compile all current information concerning students in the weekly newsletter published by email on Mondays.





THINK BIG GET THINGS DONE LEARN AND GROW GIVE BACK BE A GOOD PERSON